Upper Manhattan Reentry Task Force

WELCOME HOME

A Resource Guide for Reentrants and Their Families

Harlem Community Justice Center
170 East 121st Street
New York, NY 10035
212-360-4131

www.courtinnovation.org

Fair Chance Initiative
New York County District Attorney’s Office

HOTLINE: 212-335-9435
HOW TO USE THIS GUIDE

If you are returning to Upper Manhattan, welcome home!

This guide is intended to support you and your family as you re-integrate into your community. Most of the resources in this guide can be found in Upper Manhattan, although we have included organizations in other parts of New York City as well. If you have a particular interest, you can search the table of contents on page 4 for organizations addressing that interest in the following categories:

- **Staying Stress-Free** – Mental Health Services
- **Living a Sober Life** – Substance Abuse Services
- **Finding a Job** – Employment Services
- **Building Skills** – Educational Services
- **Living Strong** – Health and Wellness Services
- **Coming Home** – Housing Services
- **Connecting with Loved Ones** – Family Services
- **Presenting Your Best Self** – Clothing Services
- **Getting More Information** – Online Resource Guides
- **Special Segment** – Section 8 Housing Information

You can also search the entire alphabetical listing of organizations, starting on page 9, if you are trying to get information about a specific agency.

Please let us know what you think about this guide – your feedback will make it the best resource possible!

The Harlem Community Justice Center is located at:

170 East 121st Street  
between Lexington and Third Avenues  
New York, NY 10035  
Tel. 212-360-4131

This resource directory can also be located on our website, found at:  
www.courtinnovation.org.
ACKNOWLEDGMENTS

The Harlem Community Justice Center would like to acknowledge the generous contributions of many people who helped bring this resource directory to life. The **Upper Manhattan Reentry Task Force** is composed of following organizations, all of which have shown their dedication to promoting greater public safety and improved success for those returning to New York communities from prison or jail: New York Police Department, New York / New Jersey HIDTA (High Intensity Drug Trafficking Area), New York City Department of Homeless Services, New York County District Attorney’s Office, New York State Division of Parole, New York City Criminal Justice Coordinator’s Office, Center for Employment Opportunities, John Jay Prisoner Reentry Institute, New York City Department of Health and Mental Hygiene, New York City Housing Authority, New York City Department of Probation, New York State Office of Alcoholism and Substance Abuse Services, New York State Department of Correctional Services, New York State Office of Mental Health, The Doe Fund, The Fortune Society, Greenhope Services for Women, Inc., Exodus Transitional Community, the Center for Court Innovation, and the Harlem Community Justice Center.

Special thanks are due to **Edith Lopez** and **Cathy Jackson** at the Harlem Community Justice Center and the **Governmental Affairs and Community Relations** office at the New York County District Attorney’s Office for their work in formatting this directory.

This resource directory was made possible by generous funding from the New York State Division of Criminal Justice Services, in collaboration with the New York City Criminal Justice Coordinator’s Office and the Center for Court Innovation. Funding for the hard copy version of the directory was provided by the New York County District Attorney’s Office.

The **New York State Division of Criminal Justice Services** is a multi-function criminal justice support agency with a variety of responsibilities, including collection and analysis of statewide crime data; operation of the DNA databank and criminal fingerprint files; administration of federal and state criminal justice funds; support of criminal justice-related agencies across the state; and administration of the state’s Sex Offender Registry that allows anyone to research the status of an offender.

The **Office of the Criminal Justice Coordinator (CJC)** advises the Mayor on criminal justice policy and legislation and is responsible for coordinating the activities of New York City criminal justice agencies.

The **New York County District Attorney’s Office** is responsible for the investigation and prosecution of crimes in the borough of Manhattan. This year, the Office launched the Fair Chance Initiative, an effort to assist recently-released inmates adjust to life outside of prison. The aim of the initiative is to increase public safety by ensuring that recently-released inmates quickly receive the social services they need. The initiative also provides alternatives to re-incarceration for former inmates who get arrested for non-violent crimes.

Founded as a public/private partnership between the New York State Unified Court System and the Fund for the City of New York, **the Center for Court Innovation** is a non-profit think tank that helps courts and criminal justice agencies aid victims, reduce crime and improve public trust in justice. The Center combines action and reflection to spark problem-solving innovation both locally and nationally. A demonstration project of the Center for Court Innovation, the **Harlem Community Justice Center** is a community-based court that seeks to solve neighborhood problems - including youth crime, substance abuse, landlord-tenant disputes and the challenges facing parolees - in East and Central Harlem.
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America Works
220 East 45th Street, 16th floor
New York, NY 10017
www.americaworks.com

Contact Name: Carlyle Van Otten
Telephone: 212-599-5627 ext. 133
Email: coutten@americaworks.com

Services offered:

**Employment:** Job readiness and job placement available on site.

**Family:** Clients are assigned to case managers who mentor them on personal and professional issues.

Eligibility information:

- Services are free of charge
- Health insurance is required
- Age requirement: Services available for adults age 18 and older.
- There is no income requirement.
- There is no living arrangement requirement.
- Neighborhood served: all New York City
- Other eligibility requirements: No services available for individuals with a history of sexual offense.

Referral information:

- Walk-ins are welcome.
- No appointment is required to be seen.
- There is an application process: Basic Intake
- Client begins receiving services: after a few weeks.

Additional Information
Agency has Spanish-speaking staff.

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**Do you know about the Literacy Assistance Center?**

The Literacy Assistance Center is a non-profit organization that provides services to adult students who want to find free classes in reading, writing, and speaking English or information on getting their GED.

New Yorkers seeking information on literacy programs, GED testing, workforce preparation, English language classes, and vocational training in New York State can call the LAC hotline for referrals to free or low-cost services.

Hotline staff is multilingual: **(212) 803-3300**

Check out the website for more information about their services:

[www.lacnyc.org](http://www.lacnyc.org)
**Argus Community**  
760 East 160th Street  
New York, NY 10456  
www.arguscommunity.org

Contact Name: Jose Robles  
Telephone: 718-401-5700

**Services offered:**

**Mental Health:**  
Prometheus Program: Outpatient mental health services to those diagnosed with serious mental illness and chemical dependence disorders.

Argus IV Program: therapeutic residence for men, which includes pre-employment training, intensive cognitive/behavioral groups that provides re-education of feelings, attitudes and behaviors.

**Health / Wellness:**  
Access I and II Program: Case management services for those with HIV/AIDS, their children and family members.

**Eligibility information:**

- Services are free of charge
- Health insurance is not required
- There are no age requirements.
- There is no income requirement.
- There is no living arrangement requirement.
- Neighborhood served: all New York City
- Other eligibility requirements: Must obtain referrals

**Referral information:**

- Walk-ins are welcome to obtain information.
- An appointment is required to be seen.
- There is no application process.
- Client begins receiving services: immediate enrollment.

**Additional Information**  
Agency has Spanish-speaking staff.  
Referrals Sources: NYS VESID, One Stop Centers, and Self-referrals  
For Prometheus program, clients must call intake department at 718-993-2376.
Arms Acres
3584 Jerome Avenue
Bronx, NY 10467
www.armsacres.com

Contact Name: Jennifer Ledzema
Telephone: 718-653-1537

Services offered:

Mental Health: Outpatient mental illness counseling and evaluation, both individually and in groups.

Substance Abuse: Substance Abuse counseling available on site.

Health/Wellness: HIV education and support groups for clients and their families and friends.

Family: Counseling available to the family members of those with a substance abuse issue.

Eligibility information:

- Services are not free of charge
- Health insurance is required: Medicaid
- Age requirement: Services available for age 13 and older.
- There is no income requirement.
- There is no living arrangement requirement.
- Neighborhood served: all New York City
- Other eligibility requirements: Clients must have Medicaid

Referral information:

- Walk-ins are not welcome.
- Clients must make appointment over the phone.
- There is an application process. Over-the-phone screening.
- Client begins receiving services: after a few weeks.

Additional Information
Agency has Spanish-speaking staff.
If clients have any psychiatric issues, they will be send to a specialized hospital for better service.
Arms Acres
75 Seminary Hill Road
Carmel, NY 10512
www.armscarles.com

Contact Name: Sarah
Telephone: 1888-227-4641

Services offered:

Mental Health: Psychiatric evaluations and medication monitoring done by appointment only.

Substance Abuse: Counseling available for substance abuse issues. Twenty-eight days of Detox and Rehab based on the twelve steps theory.

Health/Wellness: HIV education and support groups for clients and their families and friends.

Family: Counseling available to the family members of those with a substance abuse issue.

Eligibility information:

- Services are not free of charge
- Health insurance is required: Medicaid
- Age requirement: Services available for age 13 and older.
- There is no income requirement.
- There is no living arrangement requirement.
- Neighborhood served: all New York City
- Other eligibility requirements: Must have Medicaid. No mentally or medically unstable individuals.

Referral information:

- Walk-ins are not welcome.
- Appointments are required: By Phone
- There is an application process: Over-the-phone screening.
- Client begins receiving services: after a few weeks.

Additional Information
Agency has no Spanish-speaking staff.
Beth Israel Medical Center (Detox)
16 East 16th Street
New York, NY
http://www.wehealny.org/services/bi_chemicaldependency/index.html

Contact Name: Admissions
Telephone: 212-420-4266 ext. 8281

Services offered:

Mental Health: Outpatient Psychiatric services
Substance Abuse: Offers Substance Abuse counseling.
Employment: Outpatient Vocational Counselor to help client find a job that best meets their skills.
Health / Wellness: Medical Staff always on duty.

Eligibility information:

- Services are free of charge
- Health insurance is required: Medicaid
- Age requirement: Services available for adults age 18 and older.
- There is no income requirement.
- There is no living arrangement requirement.
- Neighborhood served: all New York City

Referral information:

- Walk-ins are welcome.
- No appointment is required to be seen.
- There is an application process: Basic Intake
- Client begins receiving services: after a few days.

Additional Information
Agency has Spanish-speaking staff.
Confidential: program will not confirm or deny participant enrollment
Substance Abuse: Fred Cooper Substance Abuse Service Center: helps individuals maintain sobriety and mental health, gain insight on their illness, participate in development activities, and develop social support networks.

Employment: Horizon program: Job training and placement. Career counselors help clients find jobs that match their skills, prepare them for interviews, offer paid training internships in industries such as food, maintenance and clerical.

Housing: Offers permanent housing (300 units) and transitional housing (104 beds).

Eligibility information:
- Services are *not* free of charge
- Health insurance is required: Private Insurance
- Age requirement: Services available for adults age 18 and older.
- There is *no* income requirement.
- There is *no* living arrangement requirement.
- Neighborhood served: all New York City
- Other eligibility requirements: No services available for individuals with a history of sexual offense, but will be transferred to a site specialized in sexual abuse treatment.

Referral information:
- Walk-ins are welcome.
- An appointment is required to be seen: By Phone
- There is an application process: Fill out one sheet of basic information.
- Client begins receiving services: after 3-5 days.

Additional Information
Agency has Spanish-speaking staff.
Evening programs offered on Tuesdays, Wednesdays, and Thursdays for working clients.
Career Gear
120 Broadway, 36th floor
New York, NY 10271
www.careergear.org

Contact Name: John Sanful
Telephone: 212-577-6190
Email: info@careergear.org

Services offered:

Employment: Organization offers interview coaching.

Clothing: Offers clean contemporary interview clothing. Follow-up services to help keep jobs.

Eligibility information:
- Services are free of charge
- Health insurance is *not* required
- Age requirement: Services available for adults age 18 and older.
- There is *no* income requirement.
- There is *no* living arrangement requirement.
- Neighborhood served: all New York City
- Other eligibility requirements: Must be referred by a participating agency.

Referral information:
- Walk-ins *are* welcome.
- Clients must call to obtain appointment.
- There is an application process. Refer by agency.
- Client begins receiving services: immediate enrollment.

Additional Information
Agency has Spanish-speaking staff.
All men who obtain jobs are invited to join the Alumni program, which is a job retention program.

New York City Department of Small Business Services
The Business Assistance Unit promotes the development and economic well-being of small businesses through targeted services that leverage government, private and community resources and contacts.

The Business Assistance staff can:
- provide the tools that will enable businesses to learn about and bid on government contracts
- Inform businesses about incentive programs that can lower their expenses
- certify minority and/or women-owned businesses and locally based enterprises
- connect business owners with counselors and services that can answer a range of business-related questions
- resolve problems related to government services
- provide immediate assistance in the event of an emergency or disaster

Business Development helps grow businesses by connecting business owners and entrepreneurs to public and private sector business assistance resources and providing information on a range of topics including procurement, marketing, tax identification numbers, registering your business, insurance, and financing. This unit also provides free one-on-one counseling to New York City small businesses and entrepreneurs at its Manhattan and borough-based Business Solutions Centers.

Services offered:

**Substance Abuse:** Evaluation and referral programs designed for early intervention for those ages 16-21

**Employment:** Employment readiness programs.

**Education:** Comprehensive programs for those placed in alternative schools due to ongoing disciplinary problems/behavior.

**Health / Wellness:** HIV/AIDS education.

**Family:** Reentry Programs ages 16-24. Programs to help women and girls address issues that affect their personal well-being and liberty.

Eligibility information:

- Services are free of charge
- Health insurance is *not* required
- Age requirement: Services available for age 16 and older.
- There is *no* income requirement.
- There is *no* living arrangement requirement.
- Neighborhood served: all New York City

Referral information:

- Walk-ins *are* welcome.
- *No* appointment is required to be seen.
- There is an application process.
- Client begins receiving services: immediate enrollment.

Additional Information

Agency has Spanish-speaking staff.
Center for Employment Opportunities (CEO)
32 Broadway, 15th floor
New York, NY 10004
www.ceoworks.org

Contact Name: Rafael Cintron
Telephone: 212-422-4430
Email: rcintronceoworks@ceoworks.org

Services offered:

Employment: Back-to-work orientations, assistance with resume-building through temporary work assignments, which are paid.

Health / Wellness: Assistance in receiving Medicaid and food stamps.

Housing: Assistance in finding housing.

Family: Counselors available to help fathers with child support issues.

Eligibility information:

- Services are free of charge
- Health insurance is not required
- Age requirement: Services available for adults age 18 and older.
- There is no income requirement.
- There is no living arrangement requirement.
- Neighborhood served: all New York City
- Other eligibility requirements: No services available for individuals with a history of sexual offense.

Referral information:

- Walk-ins are welcome.
- No appointment is required to be seen.
- There is no application process.
- Client begins receiving services: immediate enrollment.

Additional Information
Agency has Spanish-speaking staff.
Must provide release papers, parole officer’s referral, social security, birth certificate, photo ID by Fridays at 8 am.
Center for Urban Community Services
198 East 121st Street
New York, NY 10035
www.cucs.org

Contact Name: Natalie Lounon
Telephone: 212-801-3300
Email: cucsinfo@cucs.org

Services offered:

**Housing:** Provides referrals to low-income and mentally ill individuals in need of housing.

**Family:** East Harlem, Central Harlem, and Washington Heights Single Stop Centers: free and confidential benefits assistance, legal assistance, financial counseling, tax preparation, and short-term counseling and referral services

Eligibility information:

- Services are *not* free of charge
- Health insurance is *not* required
- Age requirement: Services available for adults age 18 and older.
- There is *no* income requirement.
- There is *no* living arrangement requirement.
- Neighborhood served: all New York City

Referral information:

- Walk-ins *are* welcome.
- *No* appointment is required to be seen.
- There is an application process.
- Client begins receiving services: after a few weeks.

Additional Information
Agency has Spanish-speaking staff.
Sites are able to work with individuals who have a mental illness.
Community Access
666 Broadway, 3rd floor
New York, NY 10012
www.communityaccess.org

Contact Name: Evelyn De La Cruz
Telephone: 212-7801400
Email: edelacruz@communityaccess.org

Services offered:

Housing: Offers low-income/affordable housing to those in need. Caseworkers and on-site coordinators are assigned to clients to better assist them.

Eligibility information:

- Services are free of charge
- Health insurance is not required
- Age requirement: Services available for adults age 18 and older.
- There is no income requirement.
- There is no living arrangement requirement.
- Neighborhood served: all New York City
- Other eligibility requirements: No services available for individuals with a history of sexual offense.

Referral information:

- Walk-ins are welcome: Mondays and Thursdays 2:00pm to 4:00pm
- An appointment is required to be seen: By phone
- There is an application process. Basic Intake
- Client begins receiving services: after a few weeks.

Additional Information
Agency has Spanish-speaking staff.
Walk-ins will only receive information; must make appointment to see a caseworker.

What is a Community Board?

Membership: Community boards are local representative bodies. There are 59 throughout the city. Each Board consists of up to 50 unsalaried members appointed by the Borough President, with half nominated by the City Council Members who represent the community district. Board members are selected by the Borough Presidents from among active, involved people of each community, with an effort made to assure that every neighborhood is represented. Board members must reside, work, or have some other significant interest in the community.

Meetings: Boards meet once each month. At these meetings, members address items of concern to the community. Board meetings are open to the public, and a portion of each meeting is reserved for the Board to hear from members of the public. In addition, Boards regularly conduct public hearings-on the City’s budget, on land use matters, and other major issues-to give the people of the community the opportunity to express their opinions.
Cornerstone Medical Arts
57 West 57th Street
New York, NY 10019
www.cornerstoneny.com

Contact Name: Cheryl Williams
Telephone: 212-755-0200

Services offered:

Substance Abuse: Twenty-eight days of intensive drug and alcohol detox followed by rehab. After completion of the twenty-eight days, clients will be transferred to an outpatient facility.

Eligibility information:

- Services are free of charge
- Health insurance is required: Private or Medicaid
- Age requirement: Services available for adults age 18 and older.
- There is no income requirement.
- There is no living arrangement requirement.
- Neighborhood served: all New York City
- Other eligibility requirements: Clients must have insurance card and a valid New York State ID card.

Referral information:

- Walk-ins are welcome.
- An appointment is required to be seen: By Phone.
- There is application process: Basic Intake.
- Client begins receiving services: immediate enrollment.

Additional Information
Agency has Spanish-speaking staff.
Clients must call and make appointment to enroll in the rehab program.

COMMUNITY BOARD 9
Hamilton Heights, Manhattanville, Morningside Heights, West Harlem
Address: 16-18 Old Broadway
New York, NY 10027
Telephone: 212-867-6200
Fax: 212-662-7396
Email: NYC-CB9M@juno.com
Chair: Ms. Pat Jones
District Manager: Mr. Lawrence McClean
Board Meeting: Third Thursday of the month
Cabinet Meeting: Second Wednesday of the month

COMMUNITY BOARD 10
Central Harlem
Address: 215 West 125th Street
New York, NY 10027
Telephone: 212-749-3105
Fax: 212-662-4215
Email: info@cb10.org
Chair: Mr. W. Franc Perry
District Manager: Ms. Geneva Bain
Board Meeting: First Wednesday of the month
Cabinet Meeting: Third Wednesday of the month
Dads United for Parenting (D-UP)
314 West 54th Street
New York, NY 10019
www.timeSquareInk.org

Contact Name:
Telephone: 646-264-1338
Email: info@timeSquareInk.org

Services offered:

Employment: Job readiness and job placement available.

Education: Referrals to GED, ESL, ABE, ITA and other educational and training programs

Family: Individual and family counseling, group counseling, mediation/conflict resolution training, parent skills training, visitation arrangement assistance, family-child activities, and peer counseling

Eligibility information:

- Services are free of charge:
- Health insurance is not required
- Age requirement: Services available for adults age 24 and older.
- There is no income requirement.
- There is no living arrangement requirement.
- Neighborhood served: all New York City
- Other eligibility requirements: must be a non-custodial father

Referral information:

- Walk-ins are welcome.
- Appointment are not required to be seen
- There is an application process.
- Client begins receiving services: immediate enrollment.

Additional Information
Agency has Spanish-speaking staff.
Clients are provided with stipends, transportation assistance, lunch and other resources to support their responsible fathering.
Daytop Village (Manhattan)
500 Eight Avenue, 3rd Floor
New York, NY 10018
www.daytop.org

Contact Name: Sandy Berry
Telephone: 212-904-1500
Email: sberry@daytop.org

Services offered:

**Mental Health:** Full-time psychiatrist on site.

**Substance Abuse:** Substance Abuse counseling available on site.

**Education:** Vocational Training.

**Health / Wellness:** Full clinic on premises, including dental.

**Family:** Mentoring for children with parents who are incarcerated.

Eligibility information:

- Services are *not* free of charge: $50 fee
- Health insurance is required: Medicaid
- Age requirement: Services available for adults age 18 and older.
- There is *no* income requirement.
- There is *no* living arrangement requirement.
- Neighborhood served: all New York City
- Other eligibility requirements: No services available for individuals with a history of sexual offense. Clients must be on parole.

Referral information:

- Walk-ins are *not* welcome.
- An appointment is required to be seen: By Phone
- There is an application process.
- Client begins receiving services: immediate enrollment.

Additional Information
Agency has Spanish-speaking staff.

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<tr>
<td>East Harlem</td>
<td>Inwood and Washington Heights</td>
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<tr>
<td>Address:</td>
<td>Address:</td>
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<tr>
<td>1664 Park Avenue, Ground floor</td>
<td>11 West 168th Street, Ground Floor</td>
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<tr>
<td>New York, NY 10035</td>
<td>New York, NY 10032</td>
</tr>
<tr>
<td>Telephone: 212-831-8929</td>
<td>Telephone: 212.568.8500</td>
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<tr>
<td>Fax: 212-369-3571</td>
<td>Fax: 212.740.8197</td>
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<tr>
<td>Email: <a href="mailto:info@cb11m.org">info@cb11m.org</a></td>
<td>Email: <a href="mailto:mancb12@verizon.net">mancb12@verizon.net</a></td>
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<tr>
<td>Chair: Mr. Robert Rodriguez</td>
<td>Chair: Mr. Manny Velasquez</td>
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<td>District Manager: Mr. George Sarkissian</td>
<td>District Manager: Ebenezer Smith</td>
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<td>Board Meeting: Third Tuesday of the month</td>
<td>Board Meeting: Fourth Tuesday of the month</td>
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<tr>
<td>Cabinet Meeting: Last Wednesday of the month</td>
<td>Cabinet Meeting: Third Thursday of the month</td>
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Daytop Village (Bronx)
2614 Halperin Avenue
Bronx, NY 10461
www.daytop.org

Contact Name: Marca Tapia
Telephone: 718-518-9007
Email: mtapia@daytop.org

Services offered:

Substance Abuse: Individual and Group counseling.
Employment: Vocational counselor on site.

Eligibility information:

- Services are not free of charge: $50 fee.
- Health insurance is required: Medicaid
- Age requirement: Services available for adults age 18 and older.
- There is no income requirement.
- There is no living arrangement requirement.
- Neighborhood served: all New York City
- Other eligibility requirements: Must have substance abuse diagnosis or be on parole.

Referral information:

- Walk-ins are welcome.
- An appointment is required to be seen.
- There is an application process: Basic Intake
- Client begins receiving services: immediate enrollment.

Additional Information
Agency has Spanish-speaking staff.
Accommodates individuals with all criminal backgrounds.

What is a Precinct Council?
Each police precinct has a Precinct Council, which brings together police officials with the residents of the communities that they police. The council has a set of elected officers who meet regularly with precinct officers and it has public meetings once a month. At these meetings, the precinct informs residents of monthly crime statistics and reports on recent criminal activity or lack thereof. Residents are invited to ask questions and present their concerns to the officers. Precinct councils, in collaboration with the Community Affairs officers in the precinct, often organize community engagement events, such as the National Night Out Against Crime, and have crime prevention programs that help citizens protect their property.

If you are interested in getting information or voicing your opinion about crime or police issues in your community, this is the place to do it!
Dress For Success
32 East 31st Street, 7th Floor
New York, NY 10016
www.dressforsuccess.org

Contact Name: Wendy Wilkins
Telephone: 212-532-1922
Email: worldwide@dressforsuccess.org

Services offered:

Employment: Offers career development workshops.

Clothing: Offers interview and work clothes for women.

Eligibility information:

- Services are *not* free of charge
- Health insurance is *not* required
- Age requirement: Services available for adults age 18 and older.
- There is *no* income requirement.
- There is *no* living arrangement requirement.
- Neighborhood served: all New York City
- Other eligibility requirements: Clients must have completed a job training program.

Referral information:

- Walk-ins *are not* welcome.
- An appointment *is* required to be seen.
- There *is* an application process. Refer through and affiliated agency.
- Client begins receiving services: after a few days.

Additional Information
Agency has *no* Spanish-speaking staff.

Clients must first complete job training with an affiliated agency and then be referred to receive an interview suit. Once clients obtain employment they can return to site and receive work clothes for a week.

23rd PRECINCT
162 East 102nd Street
New York, NY 10029

Precinct telephone: 212-860-6411
Community Affairs: 212-860-6430

Meetings: The 23rd Precinct Community Council meets every fourth Tuesday of each month. The meeting begins at 6:30 p.m. in the 23rd Precinct located at 164 East 102 Street between Lexington Avenue and 3rd Avenue.

25th PRECINCT
120 East 119th Street
New York, NY 10035

Precinct telephone: 212-860-6511
Community Affairs: 212-860-6526

Meetings: The Community Council meetings are held on the last Wednesday of every month. The current time of the meetings is 6:30 pm. The location of the meetings is normally at the 25th Precinct, except when otherwise stipulated.
**ESS Network**  
412 East 147th Street  
Bronx, NY 10455  
www.essnyc.org  

Contact Name: Anne Williams  
Telephone: 845-687-9460  
Email: annejwilliams@earthlink.net  

**Services offered:**

**Mental Health:** Voluntary therapeutic meeting for those with a mental illness. Offers in-prison counseling, anger management workshops, reentry therapeutic support meetings, domestic violence workshops, and cognitive behavior therapy, both individually and in groups.

**Employment:** Transitional services (job placements and referrals)

**Education:** Basic computer skills class.

**Eligibility information:**

- Services are *not* free of charge
- Health insurance is *not* required
- Age requirement: Services available for adults age 18 and older.
- There is *no* income requirement.
- There is *no* living arrangement requirement.
- Neighborhood served: all New York City
- Other eligibility requirements: No services available for individuals with a history of sexual offense or those with an arsonist charge.

**Referral information:**

- Walk-ins *are not* welcome.
- An appointment is required to be seen: By Phone
- There is an application process: Basic Intake
- Client begins receiving services: immediate enrollment.

**Additional Information**  
Agency has Spanish speaking staff  
Clients must call 646-839-6341 to apply for any of the programs or services
**Exodus Transitional Community**
161 East 104th Street
New York, NY 10029
www.etcny.org

Contact Name: Alex Cacres
Telephone: 917-492-0990

**Services offered:**

**Substance Abuse:** Twelve-week support group, using risk-reduction techniques, to help individuals understand what motivates their addictive behavior. Also offers assistance with anger management.

**Employment:** Staff helps participants prepare for interviews with a critique of their own-videotaped mock interviews. Additional assistance available for resume building and job placement.

**Education:** Basic computer skills class.

**Health / Wellness:** Life-coaching and mentoring for adults in partnership with Abyssinian Baptist Church of Harlem.

**Family:** Mentoring for children with parents who are incarcerated.

**Eligibility information:**
- Services are free of charge
- Health insurance is *not* required
- Age requirement: Services available for adults age 18 and older.
- There is *no* income requirement.
- There is *no* living arrangement requirement.
- Neighborhood served: all New York City
- Other eligibility requirements: No services available for individuals with a history of sexual offense.

**Referral information:**
- Walk-ins *are* welcome.
- *No* appointment is required to be seen.
- There is *no* application process.
- Client begins receiving services: immediate enrollment.

**Additional Information**
Agency has Spanish-speaking staff.
The Fair Chance Initiative offers a wealth of social service information for reentrants. Call their hotline, Monday-Friday, 9 am – 5 pm for information about a variety of topics:

- Mental Health Services
- Substance Abuse Services
- Employment Services
- Educational Services
- Health and Wellness Services
- Housing Services
- Family Services
- Clothing Services

From the Legal Action Center: Criminal convictions and looking for work

**Q: Why should I apply for a Certificate of Relief from Disabilities or a Certificate of Good Conduct?**

**A:** A Certificate can really help when you are looking for work or applying for an occupational license. When you apply for a job or a license and you have a Certificate, an employer or licensing agency must consider it as evidence that you are "rehabilitated." This means that your conviction should not result in your being rejected for employment or refused a license unless there is other evidence that you are not qualified.

Having a Certificate does not, however, completely protect you from being denied a job or license because of your criminal record. A Certificate is not a pardon and it does not erase the record of your conviction. You still must list your convictions on job applications that ask for them. And an employer will still see your convictions if he or she asks for your rap sheet when you apply for a job. Finally, although an employer must take your Certificate into account in deciding whether to hire you, the law still permits an employer or licensing agency to refuse to hire or license you if your convictions are "job-related."

In addition to helping you get a job or license, a Certificate can restore some of the rights you lost as a result of your conviction. New York has a number of laws that bar persons who have been convicted of certain crimes from working in particular (civil service) jobs or getting certain licenses. The most common of these laws automatically bar people with felony convictions, but some laws also bar people with certain kinds of misdemeanor convictions. A Certificate can usually remove what are called "statutory bars" to employment or occupational licenses. This means that, instead of automatically being disqualified for a particular job or license because of your conviction(s), you have the right to be considered for the position on an individual basis. (But for jobs that are considered to be "public offices," there is a special rule.) A Certificate will also restore your right to serve on a jury.

For information on how to get a Certificate, call the Legal Action Center at (212) 243-1313 on Tuesday or Friday.
Services offered:

**Substance Abuse:** Licensed outpatient substance abuse treatment program and support services.

**Employment:** Two-week work readiness workshop, job placement assistance and two years of post-placement support and follow-up.

**Education:** In-house school with library and computer lab. Adult basic education; Math, English and GED classes.

**Health / Wellness:** HIV/AIDS services, including outreach and case management, supportive counseling and adherence.

**Family:** Parenting classes for custodial and non-custodial parents. Crisis intervention services and intensive social support.

**Housing:** Provide housing for those needing a place to live.

Eligibility information:

- Services are free of charge
- Health insurance is *not* required
- Age requirement: Services available for age 16 and older.
- There is *no* income requirement.
- There is *no* living arrangement requirement.
- Neighborhood served: all New York City
- Other eligibility requirements: Must have some kind of criminal background.

Referral information:

- Walk-ins *are* welcome.
- *No* appointment is required to be seen.
- There is an application process: Intake at 8:30am Mondays, Tuesdays, and Wednesdays.
- Client begins receiving services: immediately

Additional Information

Agency has Spanish-speaking staff.
Greenwich House-Parole Treatment
122 West 27th Street, 6th floor
New York, NY 10001
www.greenwichhouse.org

Contact Name: Nina Raminsky
Telephone: 212-691-2900
Email: nkaminsky@greenwichhouse.org

Services offered:

Mental Health: Full-time psychiatrist on site.
Substance Abuse: Substance Abuse counseling on site.
Education: Vocational training that may lead to job placement.

Eligibility information:

- Services are not free of charge
- Health insurance is required: Medicaid
- Age requirement: Services available for adults age 18 and older.
- There is no income requirement.
- There is no living arrangement requirement.
- Neighborhood served: all New York City
- Other eligibility requirements: Some history of substance abuse and must be on parole.

Referral information:

- Walk-ins are welcome.
- An appointment is required to be seen: By Phone
- There is an application process.
- Client begins receiving services: immediate enrollment.

Additional Information
Agency has Spanish-speaking staff.
Individuals with history of sex offense are dealt with on an individual basis.

26th PRECINCT
520 West 126th Street
New York, NY 10027

Precinct telephone: 212-678-1311
Community Affairs: 212-678-1301

Meetings: The 26th Precinct Community Council meets the last Tuesday of every month at 6:30 pm in the 26th Precinct station house.

28th PRECINCT
2271-89 Eighth Ave.
New York, NY 10027

Precinct telephone: 212-678-1611
Community Affairs: 212-678-1622

Meetings: The precinct community council meetings are held on the second Wednesday of the month at 6:30 p.m. at the precinct station house.
Services offered:

Allows individuals to search information on local services according to various categories:

- Food
- Housing
- Family / Legal Related
- Employment
- Health care / Mental health
- Substance Abuse
- Case management / benefits
- Physical activity and nutrition

30th PRECINCT
451 West 151st Street
New York, NY 10031

Precinct telephone: 212-690-8811
Community Affairs: 212-690-8837

Meetings: The Precinct Community Council meets on the fourth Thursday of the month at 7:30 p.m. at the precinct station house. Please contact the Community Affairs officer for additional information at (212) 690-8837.

32nd PRECINCT
250 West 135th Street
New York, NY 10030

Precinct telephone: 212-690-6311
Community Affairs: 212-690-6329

Meetings: The 32 Precinct Community Council meets on the third Thursday of each month at the Salvation Army Temple, 540 Lenox Avenue at 7:00 p.m.
Housing + Solutions
3 West 29th Street, Suite 805
New York, NY 10001

Contact Name: Diane Johnson
Telephone: 212-213-0221

Services offered:

Housing: Housing available: 2 bedroom apartments to be shared with one other person or family; families share rent and other costs

Eligibility information:

- Services are not free of charge
- Health insurance is not required
- Age requirement: Services available for adults age 18 and older.
- There is an income requirement: Must afford rent
- There is no living arrangement requirement.
- Neighborhood served: all New York City
- Other eligibility requirements: Must be working.

Referral information:

- Walk-ins are not welcome.
- Clients do need an appointment to be seen.
- There is an application process. Must be referred by participating agency
- There is an enrollment-waiting period of a few weeks.

Additional Information
Agency has Spanish-speaking staff.
Sites are only in Brooklyn.
Clients must be able to provide one-month rent plus security deposit prior to moving into apartment.

33rd PRECINCT
2207 Amsterdam Ave
New York, NY 10032

Precinct telephone: 212-927-3200
Community Affairs: 212-927-3891/92

Meetings: The Community Council meets the fourth Wednesday of the month at the 33rd Precinct at 6:30 p.m. Please contact the Community Affairs officer at (212) 927-3892/91.

34th PRECINCT
4295 Broadway
New York, NY 10033

Precinct telephone: 212-927-9711
Community Affairs: 212-927-0576/0287

Meetings: The Community Council meets the last Wednesday of the month at various locations throughout the precinct at 7:30 p.m. Please contact the Community Affairs officer at (212)927-0287 for additional information.
Inwood Community Services, Inc.
651 Academy Street
New York, NY 10034
www.inwoodcommunityservices.org

Contact Name: Vera Woodruff
Telephone: 212-942-0043

Services offered:

Substance Abuse: Six-month, non-intensive substance abuse program that includes individual sessions and group counseling.

Family: Assistance with entitlements and benefits such as Medicaid and Food Stamps.

Eligibility information:

- Services are *not* free of charge
- Health insurance is *not* required
- Age requirement: Services available for adults age 18 and older.
- There is *no* income requirement.
- There is *no* living arrangement requirement.
- Neighborhood served: all New York City
- Other eligibility requirements: Clients must be referred by the NYS Division of Parole

Referral information:

- Walk-ins *are not* welcome.
- An appointment is required to be seen.
- There is an application process. Refer by NYS Division of Parole
- Client begins receiving services: immediate enrollment.

Additional Information
Agency has Spanish-speaking staff.

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Cool Culture!

If your child is enrolled in a Head Start center or another city-funded child care center, find out if the center is part of the Cool Culture program. If so, your family is eligible for a Cool Culture pass, which allows you FREE admittance to a lot of New York museums, cultural institutions, zoos, and botanical gardens. For more information, talk to your center’s Director or contact Cool Culture at (718) 230-4186.

Check out their website at: www.cool-culture.org
Job Treasures  
23 Lexington Ave, suite 844  
New York, NY 10010  

Contact Name: Beatrice Menendez  
Telephone: 212-473-0850  

Services offered:  

**Employment:** Four-week program providing marketable skills to enter the workplace. Assistance in job hunting and resume building.  

**Family:** Fatherhood support program.  

Eligibility information:  

- Services *are not* free of charge: $40  
- Health insurance *is not* required  
- Age requirement: Services available for adults age 17 and older.  
- There is *no* income requirement.  
- There is *no* living arrangement requirement.  
- Neighborhood served: all New York City  

Referral information:  

- Walk-ins *are* welcome.  
- *No* appointment is required to be seen.  
- There is *no* application process.  
- Client begins receiving services: immediate enrollment.  

Additional Information  
Agency has Spanish-speaking staff.  
Accessible to those with disabilities  

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GoCityKids  
www.gocitykids.com  

GoCityKids gives you shortcuts to New York City at its best – its parks, stores, professional services, restaurants, babysitters, and entertainment, among other things. It is the answer to all those times you’ve wondered how to begin your search for afterschool activities, day camps, sports equipment, or a good pediatrician. Or what to do on a rainy Sunday, where to throw a party for an eight-year-old, and easy ways to get around town. On the site, you’ll find:  

- A free weekly email newsletter about the best of the upcoming week  
- A long-term calendar of kid-friendly events around town  
- Information and resources organized by neighborhood
La Bodega de la Familia
272 East 3rd Street
New York, NY 10009
www.familyjustice.org

Contact Name: Tina Santiago
Telephone: 212-982-2335
Email: tsantiago@familyjustice.org

Services offered:

Employment: Referrals available to job training programs.

Housing: Assistance with any housing problems.

Eligibility information:

- Services are free of charge
- Health insurance is not required
- Age requirement: Services available for adults age 18 and older.
- There is no income requirement.
- There is no living arrangement requirement.
- Neighborhood served: The Lower East Side
- Other eligibility requirements: Clients must reside within The Lower East Side.

Referral information:

- Walk-ins are welcome.
- No appointment is required to be seen.
- There is an application process: Fill out Form on site.
- Client begins receiving services: immediate enrollment.

Additional Information
Agency has Spanish-speaking staff.
Each client is assigned to a representative.
Clients must be accompanied by a family member.
Clients may contact organization: Mondays-Fridays 9am-5pm.
Legal Action Center
225 Varick Street
New York, NY 10014
www.lac.org

Contact Name: Vanessa Severino
Telephone: 212-243-1313/1-800-223-4044
Email: lacinfo@lac.org

Services offered:

Health/Wellness: Educates clients on HIV/AIDS issues, including discrimination, confidentiality, HIV testing, government benefits, family law, living wills and health care proxies, permanency planning, HIV/AIDS reporting, partner notification, syringe deregulation, and more.

Family: Organization helps fight discrimination to protect and assist those with a variety of legal issues. The Legal Action Center (LAC) helps individuals with criminal records overcome a host of barriers that can often keep them out of jobs, housing, and other critical areas even when they are rehabilitated and ready to reenter society.

Eligibility information:

- Services are free of charge
- Health insurance is not required
- There is no age requirement
- There is no income requirement
- There is no living arrangement requirement
- Neighborhood served: all New York City

Referral information:

- Walk-ins are welcome.
- No appointment is required to be seen.
- There is no application process.
- Client begins receiving services: immediate enrollment.

Additional Information
Agency has Spanish-speaking staff.

**Behind on rent payments?**
Check out the Jiggetts Relief Hotline, where you can speak with somebody about applying for a “one-shot deal” or ongoing public assistance to pay back rent and get advice. “Jiggetts” relief assists families who are about to be evicted to receive payments of part or all of their rent from their welfare center. To be eligible, you must meet the following five criteria:

1. You and your child receive public assistance, but not as home relief. (A Jiggetts counselor can explain this category to you).
2. Your rent is higher than your shelter allowance. (For example, a family has a shelter allowance of $286 per month, but a rent of $350 per month.)
3. Your rent is relatively inexpensive. (If your rent is approximately double or less than your allowance, you should be eligible.)
4. You owe back rent which partly consists of “excess rent” (which is the difference between your actual rent and your shelter allowance).
5. You have no chance to get money for your back rent from any other source.

For more information, call the Jiggetts Relief Hotline at (212) 614-5570 or the Jiggetts Outreach Hotline at (212) 614-5325.
Literacy Partners
30 East 33rd Street
New York, NY 10016
www.literacypartners.org

Telephone: 212-725-9200

Services offered:

Employment: Employment preparation: job readiness skills, computer training, job search strategies, interviewing proficiency, dressing for success, job retention and skill development.

Health / Wellness: Health Literacy: helps clients understand relevant health issues and the health care system.

Family: Mentoring for children with parents who are incarcerated.

Eligibility information:

- Services are free of charge
- Health insurance is not required
- Age requirement: Services available for age 16 and older.
- There is no income requirement.
- There is no living arrangement requirement.
- Neighborhood served: all New York City

Referral information:

- Walk-ins are welcome.
- An appointment is required to be seen: By Phone
- There is an application process: Basic Intake
- Client begins receiving services: after a few days.

Additional Information
Agency has Spanish-speaking staff.
People with learning disabilities will be referred to a participating agency that can address their specific needs.
Managed Work Services of New York
1910 Arthur Avenue, 5th floor
Bronx, NY 10457
www.mwsny.com

Contact Name: Elizabeth Viglione
Telephone: 718-466-8200
Email: eviglione@vipservices.org

Services offered:

Employment: Five days job readiness program; after completion, clients will be placed in a job that meets their skills.

Eligibility information:

- Services are not free of charge
- Health insurance is required: Medicaid
- Age requirement: Services available for adults age 18 and older.
- There is no income requirement.
- There is no living arrangement requirement.
- Neighborhood served: all New York City
- Other eligibility requirements: No services available for individuals with a history of sexual offense.

Referral information:

- Walk-ins are welcome.
- No appointment is required to be seen.
- There is no application process.
- Client begins receiving services: after a few days.

Additional Information
Agency has no Spanish-speaking staff.
Clients must be receiving public assistance, have no open court cases and be drug-free for at least 3 months.
Clients must have their own transportation fare, and not be currently working.
Open house every Friday at 1:00pm.
**Metropolitan Hospital (Detox)**
1901 1st Avenue
New York, NY 10029

Contact Name: Shirley McBudi
Telephone: 212-425-6825

**Services offered:**

**Mental Health:** Individual counseling.

**Substance Abuse:** Offers counseling and referrals to better assist clients’ needs.

**Employment:** Vocational Initiative program.

**Education:** Offers referrals to help client further their education.

**Eligibility information:**

- Services are *not* free of charge
- Health insurance is *not* required
- Age requirement: Services available for adults age 18 and older.
- There is *no* income requirement.
- There is *no* living arrangement requirement.
- Neighborhood served: all New York City
- Other eligibility requirements: No services available for individuals with a history of sexual offense.

**Referral information:**

- Walk-ins *are* welcome.
- *No* appointment is required to be seen.
- There is an application process: Basic Intake
- Client begins receiving services: immediate enrollment.

**Additional Information**
Agency has Spanish-speaking staff.
Mid-Manhattan Library
455 5th Avenue (40th street)
New York, NY 10016
www.nypl.org

Telephone: 212-340-0836

Services offered:

Employment: Materials on careers available to give out for free, including information on all aspects of career development, resume writing, job search strategies, study handbooks for civil service and professional exams, and career management and change. Materials available include books, videos, DVDs, pamphlets and clippings files.

Eligibility information:

- Services are free of charge
- Health insurance is not required
- There is no age requirement
- There is no income requirement.
- There is no living arrangement requirement.
- Neighborhood served: all New York City

Referral information:

- Walk-ins are welcome.
- No appointment is required to be seen.
- There is no application process.
- Client begins receiving services: immediate enrollment.

Additional Information
Agency has Spanish-speaking staff.

Here are some helpful hints for a successful interview:

1. Think about your goals, values, skills, and interests: what kind of a job are you looking for? Research the position, field, industry, organization, or company that you have an interest in – be as informed about it as possible.

3. Prepare an appropriate and professional interview outfit.

4. Identify ahead of time the location of the interview – and the best way to get there. You want to make sure you are at least 10-15 minutes early for the interview.

5. Practice sample interview questions with a friend or family member beforehand so that you are prepared to think on your feet. Be prepared to answer difficult questions, and know what an employer can and cannot ask you.

6. Bring along an extra copy of your resume and a copy of your reference list.

7. Send a thank you note to each individual with whom you had an interview.

More info: www.content.monster.com
Mustard Seed Counseling Services
2625 Atlantic Avenue
Brooklyn, NY 11207
www.mustardseedforensic.com

Contact Name: William Ford
Telephone: 718-875-7411
Email: mustardseed1420@aol.com

Services offered:

Mental Health: Intensive counseling and group therapy for those who have plead or found guilty as sex offenders.

Eligibility information:

- Services is not free of charge: $40
- Health insurance is required: Preferably HIP
- Age requirement: Services available for those ages 12 and older.
- There is no income requirement, but must afford fee.
- There is no living arrangement requirement.
- Neighborhood served: all New York City
- Other eligibility requirements: No services available for individuals with a history of Axis I illness.

Referral information:

- Walk-ins are welcome.
- No appointment is required to be seen.
- There is an application process: Basic Intake
- Client begins receiving services: immediate enrollment.

Additional Information
Agency has Spanish-speaking staff.

Safe Homes Project
A program of Good Shepherd Services
The Safe Homes Project offers a full array of free and confidential services to survivors of domestic violence and their children. SHP services women (including lesbian, bisexual, and transgender women), ages 16 and over, that have experienced a battering or abusive relationship with an intimate partner. If you need help, have questions, or would like to meet with SHP or join a support group, call their hotline: (718) 499-2151 (Mon-Fri: 9am-5pm and Wed: 9am-8pm).

Services include:
> individual counseling
> safety planning
> support groups
> legal advocacy and referrals
> children’s services
> emergency shelter

For Professionals:
SHP also provides workshops and training about domestic violence to a variety of professional and community audiences. For further information, contact the SHP Director at (718) 788-6947.
NADAP
355 Lexington Ave
New York, NY 10017
www.nadap.org

Contact Name: Lucy Redzeposki
Telephone: 212-986-1170
Email: info@nadap.org

Services offered:

Substance Abuse: Aspire: Substance Abuse assessment and counseling, bio-psycho assessment, and referrals to appropriate treatment services.


Eligibility information:

- Services are free of charge
- Health insurance is not required
- Age requirement: Services available for adults age 18 and older.
- There is no income requirement.
- There is no living arrangement requirement.
- Neighborhood served: all New York City

Referral information:

- Walk-ins are welcome.
- No appointment is required to be seen.
- No application process.
- Client begins receiving services: immediate enrollment.

Additional Information
Agency has Spanish-speaking staff.
**Narco Freedom, Inc**  
250 Grand Concourse  
Bronx, NY 10451  
www.narcofreedom.org

Contact Name: Mr. Brand  
Telephone: 718-292-2240  
Email: info@narcofreedom.com

**Services offered:**

**Mental Health:** New Beginning Community Counseling Center: provides comprehensive outpatient mental health services. Staffed by a psychiatrist, psychologists, and social workers.

**Substance Abuse:** Alternative: Medically supervised drug-free outpatient program.  
Keep: Methadone-to-abstinence program.  
Independence: Chemically dependent adult day program (intensive counseling)

**Health / Wellness:** Hope Case Management-promotes health maintenance, offers intensive case management services to individuals and family dealing with the impact of HIV/AIDS.

**Housing:** Damon House New York: structured, supportive residential living.  
Regenerations: residential treatment program for women with children under the age of nine

**Eligibility information:**

- Services are *not* free of charge
- Health insurance is required: Medicaid
- Age requirement: Services available for adults age 21 and older.
- There is *no* income requirement.
- There is *no* living arrangement requirement.
- Neighborhood served: all New York City
- Other eligibility requirements: Must be on parole.

**Referral information:**

- Walk-ins *are* welcome.  
- *No* appointment is required to be seen.  
- There is an application process: Screening Process  
- Client begins receiving services: after a few days.

**Additional Information**
Agency has Spanish-speaking staff.
National H.I.R.E Network
225 Varick Street, 4th floor
New York, NY 10014
www.hirenetwork.org

Contact Name: Roberta Meyers-Peeples
Telephone: 212-243-1313
Email: rampeeples@hirenetwork.org

Services offered:

Substance Abuse: Drug and Alcohol assistance.

Employment: Assistance with obtaining referrals to job training programs and available jobs that meet clients' skills.

Health / Wellness: HIV/AIDS assistance.

Family: Paralegals are on board to help clients with any criminal history issues they may face, including discrimination.

Eligibility information:
- Services are free of charge
- Health insurance is not required
- Age requirement: Services available for adults age 18 and older.
- There is no income requirement.
- There is no living arrangement requirement.
- Neighborhood served: all New York State

Referral information:
- Walk-ins are welcome.
- No appointment is required to be seen.
- There is no application process.
- Client begins receiving services: immediate enrollment.

Additional Information
Agency has Spanish-speaking staff.
Organization was established by The Legal Action Center. (refer to page 33)
New York Center for Addiction Treatment Services (NYCATS)
598 Broadway, 2nd Floor
New York, NY 10012
www.nycats.net

Contact Name: Carol Horwath
Telephone: 212-966-9537
Email: infor@nycats.net

Services offered:

Mental Health: Mental Health assessments and referrals to clinics who specialize in mental health issues.

Substance Abuse: Outreach Program: individual and group counseling, recovery support systems, relapse prevention, cognitive behavioral approach, and addiction education.

Employment: Job readiness and assistance with job placements that fit client’s skills.

Health / Wellness: Assistance with HIV/AIDS issues.

Family: Anger Management classes, Alternative-to-Incarceration, cognitive approach to address criminal thinking and possibility of recidivism.

Housing: Referrals to obtain housing.

Eligibility information:

- Services are free of charge
- Health insurance is required: Medicaid
- Age requirement: Services available for adults age 18 and older.
- There is no income requirement.
- There is no living arrangement requirement.
- Neighborhood served: all New York City

Referral information:

- Walk-ins are welcome.
- No appointment is required to be seen.
- There is an application process: Basic Intake
- Client begins receiving services: immediate enrollment.

Additional Information
Agency has Spanish-speaking staff.
Agency is open 7 days a week: Mondays-Fridays 9am to 8pm, Saturday-Sunday 9am to 12pm.
New York City Clothing Bank
Brooklyn Army Terminal
140 58th Street, Building B
Brooklyn, NY 11200
http://www.volunteernyc.org

Contact Name: Luis Jimenez
Telephone: 718-492-4015

Services offered:

Clothing: Distributes new apparel to benefit the city’s homeless and needy population in all five boroughs. Clothes distributed through member networks.

Eligibility information:

- Services are free of charge
- Health insurance is not required
- There are no age requirements.
- There is no income requirement.
- There is no living arrangement requirement.
- Neighborhood served: all New York City

Referral information:

- Walk-ins are welcome.
- No appointment is required to be seen.
- There is no application process.
- Client begins receiving services: immediate enrollment.

Additional Information
Agency has Spanish-speaking staff.
Member network includes over 200 shelters, soup kitchens, and non profits serving the homeless and needy.

What can I do when I get angry?

Tips for de-escalating a conflict:

1. Take a deep breath and count to ten. Give yourself a moment to clear your head of the problem.

2. Ask yourself, “Is this worth it?” Evaluate whether or not you want to get upset over the problem at hand – maybe it’s not worth your emotional energy.

3. Open your ears – try to listen to what the other person is telling you. Once you understand their perspective, you’ll be better able to resolve the issue at hand.

4. Try to keep a calm tone of voice – yelling only makes the situation worse, but a calm tone and neutral language let the other person know that you’re ready to resolve the problem.

5. Be aware of your body language – you may be sending signals that you’re not aware of: rolling your eyes, for example, will definitely escalate the problem. A calm face and body, however, will help bring positive communication and hopefully a resolution.
New York Division of Workforce Development (Workforce 1)
215 West 125th Street
New York, NY 10027
www.nyc.gov

Contact Name: Ms. Young
Telephone: 917-493-7000

Services offered:

Employment: Career counseling on site. Assistance with creating a resume and cover letter. Job placement services.

Education: GED and ESOL classes offered on site.

Eligibility information:

- Services are free of charge
- Health insurance is not required
- Age requirement: Services available for adults age 18 and older.
- There is no income requirement.
- There is no living arrangement requirement.
- Neighborhood served: all New York City

Referral information:

- Walk-ins are welcome.
- No appointment is required to be seen.
- There is no application process.
- Client begins receiving services: immediate enrollment.

Additional Information
Agency has Spanish-speaking staff.

Food Pantries in Upper Manhattan

**Little Sisters of the Assumption:**
Food pantry open Tuesday / Thurs / Fri, 9am – 11am and 1pm – 3pm
Appointment necessary, must have children under 18, and live in zip codes 10029 or 10035
417 East 119th Street (between First Ave. and Pleasant Ave.)
212-987-4422

**Saint Charles Borromeo Conference:**
Food pantry open Saturdays at 8am for the first 100 people
Must bring proof of residency and photo identification
211 West 141st Street (at Seventh Avenue / Adam Clayton Powell Blvd)
212-281-2100
Non-Traditional Employment for Women (N.E.W)
Judith P. Vladeck Center for Women
243 West 20th Street
New York, NY 10011
www.new-nyc.org

Contact Name: Samantha Puth
Telephone: 212-627-6252
Email: sputh@new-nyc.org

Services offered:

**Employment:** Blue-Collar Label: Four- to six-week construction work program for females only ages 18 and older.

Eligibility information:

- Services *are not* free of charge
- Health insurance *is not* required
- Age requirement: Services available for adults age 18 and older.
- There is *no* income requirement.
- There is *no* living arrangement requirement.
- Neighborhood served: all New York City
- Other eligibility requirements: Must feel physically fit to perform labor.

Referral information:

- Walk-ins *are* welcome.
- *No* appointment is required to be seen.
- There *is an* application process: Basic employment intake
- Client begins receiving services after a few weeks.

**Additional Information**
Agency has *no* Spanish-speaking staff.
Client must speak and understand English fluently.
Females Only

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**Food Pantries and Soup Kitchens in Upper Manhattan**

**Saint Mark the Evangelist Church:**
Food pantry open Saturdays, 10am – 11am for families and seniors, 12pm – 1pm for everybody
Bring identification; children not required to come, but parents should bring identification for children
65 West 138th Street (between Lenox and Fifth Avenues)
212-281-4931

**The Salvation Army:**
Soup kitchen open Monday through Friday, at 1pm
Open to all, no identification required
175 East 125th Street (at Third Avenue)
212-860-3200
NYC Department of Health and Mental Hygiene
225 Broadway, 17th Floor
New York, NY 10007
www.nyc.gov

Contact Name: Patricia Brown
Telephone: 212-341-2468
Email: pbrown@health.nyc.gov

Services offered:

**Mental Health:** The Forensic Link Program: Provides diversion and transitional case management services for individuals who suffer from a mental illness and have a criminal record.

**Family:** The Forensic Link program: Case management services provided to those incarcerated to assist with integrating back into the community successfully. These services include referrals to mental health aftercare services, entitlement, supportive housing, intensive case management, substance abuse, educational and vocational.

Eligibility information:

- Services are free of charge
- Health insurance is **not** required
- Age requirement: Services available for adults age 18 and older.
- There is no income requirement.
- There is no living arrangement requirement.
- Neighborhood served: all New York City
- Other eligibility requirements: Have a mental illness and a criminal record. Must reside in NYC metropolitan area.

Referral information:

- Walk-ins **are** welcome.
- **No** appointment is required to be seen.
- There is no application process.
- Client begins receiving services: immediate enrollment.

Additional Information
Agency has Spanish-speaking staff.
Must obtain referrals from one of the followings: Legal Aid, community providers, probation, parole, courts, attorneys, judges, hospitals, or family members.
Odyssey House
219 East 121st Street
New York, NY 10035
www.odysseyhouseinc.org

Contact Name: Ms. England
Telephone: 212-987-5100
Email: infor@odysseyhouseinc.org

Services offered:

Mental Health: Odyssey House Harbor provides therapeutic community services for formerly homeless individuals who suffer from severe mental illness and chemical dependency.

Substance Abuse: Substance Abuse residential program for those ages 55 and over. Stand Alone: teen treatment for adolescents with drug related problems; they participate in educational and vocational programs to meet their developmental needs.

Health / Wellness: Operates three Article 28 clinics licensed by NYS Department of Health.

Housing: Residential programs that combines community-based psychiatric care with intensive therapeutic community treatment.

Eligibility information:

- Services are free of charge
- Health insurance is not required
- There are no age requirements.
- There is no income requirement.
- There is no living arrangement requirement.
- Neighborhood served: all New York City
- Other eligibility requirements: Must obtain referral.

Referral information:

- Walk-ins are welcome.
- No appointment is required to be seen.
- There is an application process: Basic Intake
- Client begins receiving services: immediate enrollment.

Additional Information
Agency has Spanish-speaking staff.
Palladia Parole Transitional Program  
2006 Madison Avenue  
New York, NY 10035  
www.palladiainc.org  

Contact Name: Jerry Ross  
Telephone: 212-979-8800  
Email: info@palladiainc.org  

Services offered:  

**Mental Health:** Individual and Group Psychotherapy and Anger Management counseling.  

**Substance Abuse:** Substance Abuse counseling.  

**Employment:** Variety of vocational training.  

**Education:** Variety of educational training.  

**Health / Wellness:** Medical Services.  

**Housing:** Assistance in obtaining housing.  

**Family:** Parenting/family group counseling, group socialization skills counseling. Case management and domestic violence group counseling.  

Eligibility information:  

- Services are free of charge  
- Health insurance is *not* required  
- Age requirement: Services available for adults age 18 and older.  
- There is *no* income requirement.  
- There is *no* living arrangement requirement.  
- Neighborhood served: all New York City  
- Other eligibility requirements: Must be referred by NYS Division of Parole  

Referral information:  

- Walk-ins *are* welcome.  
- *No* appointment is required to be seen.  
- There is *no* application process.  
- Client begins receiving services: immediate enrollment.  

Additional Information  
Agency has Spanish-speaking staff.
Services offered:

**Mental Health:** Psychiatric Treatment after settling into new apartment.

**Substance Abuse:** Substance Abuse Treatment after settling into new apartment.

**Employment:** Supported employment services after settling into new apartment.

**Health / Wellness:** Comprehensive health care after settling into new apartment.

**Housing:** Housing is offered to those who have been rejected at other agencies, without having to participate in psychiatric treatment or sobriety treatment.

Eligibility information:

- Services are free of charge
- Health insurance is *not* required
- Age requirement: Services available for adults age 18 and older.
- There is *no* income requirement.
- There is *no* living arrangement requirement.
- Neighborhood served: all New York City
- Other eligibility requirements: Must be homeless, have psychiatric disability, or be elected to participate in the program.

Referral information:

- Walk-ins *are* welcome.
- *No* appointment is required to be seen.
- There is an application process.
- Client begins receiving services: after few days.

**Additional Information**

Agency has Spanish-speaking staff.
Phase Piggy Back (Detox)
202-204 Edgecombe Avenue
New York, NY 10030

Contact Name: Nurse Drema
Telephone: 212-690-1900

Services offered:

Substance Abuse: Offers Substance Abuse counseling; residential treatment.

Education: GED preparation classes.

Health / Wellness: Medical staff always on duty.

Eligibility information:

- Services are free of charge
- Health insurance is not required
- Age requirement: Services available for adults age 18 and older.
- There is no income requirement.
- There is no living arrangement requirement.
- Neighborhood served: all New York City
- Other eligibility requirements: No services available for individuals with a history of sexual offense or arson charges.

Referral information:

- Walk-ins are not welcome.
- An appointment is required to be seen: By Phone
- There is an application process: Basic Intake
- Client begins receiving services: immediate enrollment.

Additional Information
Agency has no Spanish-speaking staff.
Males only.
Phoenix House (Manhattan)
2191 Third Avenue
New York, NY 10035
www.phoenixhouse.org

Contact Name: Vernice Kirkland
Telephone: 212-831-1555

Services offered:

Substance Abuse: Substance Abuse counseling for: adolescents 14-21, adults 21 and over

Family: Full medical staff on duty, including dental.

Eligibility information:
- Services are free of charge
- Health insurance is not required
- Age requirement: Services available for adults age 18 and older.
- There is no income requirement.
- There is no living arrangement requirement.
- Neighborhood served: all New York City
- Other eligibility requirements: No services available for individuals with a history of sexual offense. Must have substance abuse problem.

Referral information:
- Walk-ins are welcome.
- No appointment is required to be seen.
- There is an application process: Basic Intake
- Client begins receiving services: immediate enrollment.

Additional Information
Agency has no Spanish-speaking staff.
Phoenix House (Bronx)
480 East 185th Street
Bronx, NY 10458
www.phoenixhouse.org

Contact Name: Herman Lozada
Telephone: 718-584-7170
Email: hlozada@phoenixhouse.org

Services offered:

Substance Abuse: Offers alcohol substance abuse counseling.

Employment: Offers employment after 90 days in detox treatment.

Education: GED and VESID prep classes.

Health / Wellness: Works with St. Barnabas Hospital to conduct seminars on substance abuse.

Family: Mentoring for children with parents who are incarcerated.

Eligibility information:

- Services are free of charge
- Health insurance is not required
- Age requirement: Services available for adults age 18 and older.
- There is no income requirement.
- There is no living arrangement requirement.
- Neighborhood served: all New York City
- Other eligibility requirements: No services available for individuals with a history of sexual offense. Must be on parole.

Referral information:

- Walk-ins are not welcome.
- An appointment is required to be seen.
- There is an application process: Basic Intake
- Client begins receiving services: immediate enrollment.

Additional Information
Agency has Spanish-speaking staff.
Males only.
Project Greenhope: Services for Women, Inc.
448 East 119th Street
New York, NY 10035
www.greenhope.org

Contact Name: Sheila Mashack
Telephone: 212-369-5100
Email: smashack@greenhope.org

Services offered:

**Substance Abuse:** Six-month intensive program of substance abuse education and counseling.

**Health / Wellness:** HIV/AIDS nutritional counseling. Help in receiving medical assistance.

**Housing:** Community-based residential program for parolee women needing residential assistance.

**Family:** Parenting skills development workshops. Three-month program on domestic violence intervention and workshops.

Eligibility information:

- Services are free of charge
- Health insurance is *not* required
- Age requirement: Services available for adults age 18 and older.
- There is *no* income requirement.
- There is *no* living arrangement requirement.
- Neighborhood served: all New York City

Referral information:

- Walk-ins *are* welcome.
- *No* appointment is required to be seen.
- There is *no* application process.
- Client begins receiving services: immediate enrollment.

Additional Information
Agency has Spanish-speaking staff.
**Services offered:**

**Substance Abuse:** Culturally-appropriate substance abuse treatment and prevention services.

**Health / Wellness:** HIV treatment and prevention services.

**Eligibility information:**
- Services are free of charge
- Health insurance is *not* required
- Age requirement: Services available for adults age 18 and older.
- There is *no* income requirement.
- There is *no* living arrangement requirement.
- Neighborhood served: Harlem, Washington Heights and South Bronx

**Referral information:**
- Walk-ins *are* welcome.
- *No* appointment is required to be seen.
- There is *no* application process.
- Client begins receiving services: immediate

**Additional Information**
Agency has Spanish speaking staff

**WHAT IS 311?**

Call 311 to find out information on city services, including parking regulations, services for the aging, volunteer activities, and programs designed for small businesses. You can report a pothole or street light that needs to be fixed, a loud noise or a blocked driveway, or tell the Mayor your opinion. All calls to 311 are answered by a live operator, 24 hours a day, 7 days a week, and services are provided in over 170 languages.

Dial 311 from within the city, or (212) NEW-YORK outside of the five boroughs. TTY service is also available by dialing (212) 504-4115. 311 has now launched an Online Provider Directory to help connect New Yorkers to community based organizations that provide Health and Human Services in New York City. Just visit www.nyc.gov.

**311 HAS A SPECIAL REENTRY POD!**

If you call 311, you can give them your address and they will tell you where the closest service providers in your neighborhood are located. For example, if you are looking for some help finding a job, you could call 311 and they could tell you about nearby organizations that help people with criminal records secure employment. Try it out!
Realization Center
19 Union Square West, 7th Floor
New York, NY 10003
www.realizationcenter.net

Contact Name: Theresa Jones
Telephone: 212-627-9600
Email: info@realizationcenter.net

Services offered:

Substance Abuse: Specializes in serving all types of substance abuse issues through counseling and mentoring.

Eligibility information:

- Services are not free of charge
- Health insurance is required: Private insurance or Medicaid.
- Age requirement: Services available for adults age 18 and older.
- There is no income requirement.
- There is no living arrangement requirement.
- Neighborhood served: all New York City

Referral information:

- Walk-ins are welcome.
- An appointment is required to be seen: By Phone
- There is an application process: Bio/Psych/Social assessment test.
- Client begins receiving services: immediate enrollment.

Additional Information
Agency has Spanish-speaking staff.
Clients may refer themselves or be referred by employee assistance programs, managed health care organizations, or other treatment service providers.
Sarah Powell Huntington House
110 2nd Avenue
New York, NY 10003
www.reentrymediaoutreach.org/sp_house_wpa.htm

Contact Name: Ann Jacobs
Telephone: 212-674-1163 ext. 47

Services offered:

Substance Abuse: Substance Abuse relapse prevention program.
Employment: Vocational referrals available.
Education: Educational referrals available.
Health / Wellness: HIV/AIDS education and services available.
Housing: Site assists homeless women who are leaving jail/prison and are seeking to rebuild their lives, by providing residential housing to them and their children. They will be allowed to reside in the house for 6 to 18 months.

Eligibility information:

- Services are free of charge
- Health insurance is not required
- Age requirement: Services available for adults age 18 and older.
- There is no income requirement.
- There is no living arrangement requirement.
- Neighborhood served: all New York City

Referral information:

- Walk-ins are welcome.
- No appointment is required to be seen.
- There is an application process: Basic Intake
- Client begins receiving services: after a few days.

Additional Information
Agency has Spanish-speaking staff.
Mothers must have custody of their children.
Organization is affiliated with the Women’s Prison Association (WPA).
School of Co-op Tech
321 East 96th Street
New York, NY 10128
www.co-optech.org

Contact Name: Kelly Calderon/ Mr. Cabrera
Telephone: 212-369-8800
Email: kcalderon@schools.nyc.gov

Services offered:

Education: GED training, career and technical education. Students learn trade-based skills and a variety of state of the art technologies.

Eligibility information:

- Services are free of charge
- Health insurance is not required
- Age requirement: Services available for ages 16 to 21.
- There is no income requirement.
- There is no living arrangement requirement.
- Neighborhood served: all New York City
- Other eligibility requirements: Signed by a High School Counselor

Referral information:

- Walk-ins are not welcome.
- No appointment is required to be seen.
- There is an application process: Basic school intake process.
- Client begins receiving services: after a couple of days.

Additional Information
Agency has Spanish-speaking staff.

Frequently Asked Questions (with Answers from the Legal Action Center)

Q. Is it illegal for employers to discriminate against persons with criminal records?
A. The New York State Human Rights Law prohibits public and private employers and occupational licensing agencies from denying any individual a job or occupational license (or otherwise discriminating against that person) because of any arrest that did not result in a conviction. The New York State Corrections Law and Human Rights Law only allows an employer to deny someone a job because of a criminal record if that record is directly related to the job or would render the individual a threat to public safety.

Q. Can an employer ask about my criminal record?
A. The New York State Human Rights Law prohibits employers from asking about arrests that did not lead to conviction. Employers are allowed to ask about convictions.

Q. What if the job application asks if I have ever been convicted of a crime? Should I tell the truth?
A. We advise you to tell the truth. While it is tempting to lie out of hope that the employer might not find out about your criminal record, more and more employers are running criminal background checks, making it likely that they will find out anyway. If you lie (directly or by leaving out information) and the employer finds out, the employer can legally refuse to hire or fire you because of the lie. This is so even if your criminal record itself should not disqualify you from the job.
Services for the Underserved
305 7th Avenue, 10th floor
New York, NY 10001
www.susinc.org

Contact Name: Wanda Cruz-Lopez/Evens Castellan
Telephone: 212-633-6900/718-399-6470
Email: info@susinc.org

Services offered:

Mental Health: Focuses on helping those with a mental illness.

Employment: Career development for those with mental illness. Employment specialists are on site to provide support and coaching to enhance job performance.

Education: Education and training geared towards developing work ethics and gaining work experience.

Housing: Supportive housing to those with low-incomes, disabled and formerly homeless people.

Eligibility information:

- Services are free of charge
- Health insurance is not required
- Age requirement: Services available for adults age 18 and older.
- There is an income requirement: Must be able to afford rent.
- There is no living arrangement requirement.
- Neighborhood served: The Bronx, Brooklyn, Queens, Manhattan, and Suffolk County

Referral information:

- Walk-ins are welcome.
- No appointment is required to be seen.
- There is an application process: Basic Intake
- Client begins receiving services: after a few weeks.

Additional Information
Agency has Spanish-speaking staff.
Individuals are mostly referred by homeless shelters. Shelter is based on mental health programs, hospitals, clinics, and other day programs.
Sexual Behavior Clinic: New York State Psychiatric Institute
Columbia University Medical Center
1051 Riverside Drive
New York, NY 10032

Contact Name: Dr. Vince
Telephone: 212-740-7330

Services offered:

Mental Health: Evaluation and group therapy for young adults who have committed any sexually inappropriate acts.

Eligibility information:

- Services are free of charge
- Health insurance is not required
- Age requirement: Services available for those ages 13 to 18.
- There is no income requirement.
- There is no living arrangement requirement.
- Neighborhood served: all New York City
- Other eligibility requirements: Must have history of sexual assault of adults or teenagers.

Referral information:

- Walk-ins are not welcome.
- Clients are required to call to make and appointment.
- There is an application process. Submit a Request
- Client begins receiving services: after a few weeks.

Additional Information
Agency has Spanish-speaking staff.
Individuals must submit their information to receive services.
Parents or caretakers are also required to be interview and provide informed consent.

Frequently Asked Questions (with Answers from the Legal Action Center)

Q. Who can see my rap sheet?
A. Five categories of people and agencies are allowed to see a copy of your rap sheet from the New York State Division of Criminal Justice Services: (1) criminal justice and law enforcement agencies, (2) certain private and public employers authorized by statute, (3) most occupational licensing agencies, (4) bonding agencies, and (5) you.

Q. Can I get cases erased from my record?
A. No, you cannot erase or ‘expunge’ criminal record information in New York State. But State law does allow the courts and DCJS to ‘seal’ information about any case that was dismissed or that was otherwise terminated in your favor.

Q. Is there anything I can do about my criminal convictions?
A. If you have a misdemeanor or felony conviction, it cannot be sealed, but you can apply for a certificate of rehabilitation. Such a certificate restores some of the rights you may have lost as a result of your conviction. You can seal most convictions for violations.
Single Parent Resource Center
228 East 45th Street, 2nd floor
New York, NY 10017
www.singleparentusa.com

Telephone: 212-951-7030

Services offered:

Substance Abuse: Alcohol and drug prevention groups for children ages 6-12 in homeless shelters. Youth ages 13-14 who have parents with substance abuse problems are offered counseling. Weekly relapse programs for single parents in recovery for drug and alcohol addiction.

Family: Single fathers program for custodial and non-custodial fathers to better relationships with their children. Skill building workshops, support activities and holiday celebrations for urban parents.

Eligibility information:

● Services are free of charge
● Health insurance is not required
● There are no age requirements.
● There is no income requirement.
● There is no living arrangement requirement.
● Neighborhood served: all New York City
● Other eligibility requirements: No services available for individuals with a history of sexual offense.

Referral information:

● Walk-ins are welcome.
● No appointment is required to be seen.
● There is no application process.
● Client begins receiving services: immediate enrollment.

Additional Information
Agency has Spanish-speaking staff.

How to Get Help With a Rap Sheet: Call the Legal Action Center

Individuals or providers who are in New York or who have question about a New York State rap sheet may call the Legal Action Center at (212) 243-1313, on Tuesdays and Fridays only from 10:00 a.m. - 4:00 p.m., and ask for a paralegal.

Individuals who want a copy of their New York State rap sheet can ask for the first available Rap Sheet Workshop appointment to have their fingerprints taken. There might be a wait of several weeks. For follow-up questions about rap sheets, call Tuesday or Friday from 10:00 a.m. - 4:00 p.m. and ask for a paralegal.
St. Marks Place Unitas
57 St. Marks Place
New York, NY 10003
www.unitas-nyc.org

Contact Name: Roman Pabis
Telephone: 212-982-9470
Email: rpabis@unitas-nyc.org

Services offered:

Mental Health: Long and short term psychotherapy available on site for adults, children, teens and families.

Substance Abuse: Substance Abuse counseling and medical help.

Health / Wellness: General wellness medical supervision.

Eligibility information:

- Services are not free of charge
- Health insurance is required: Medicaid
- Age requirement: Services available for adults age 18 and older.
- There is no income requirement.
- There is no living arrangement requirement.
- Neighborhood served: all New York City
- Other eligibility requirements: No services available for individuals with a history of sexual offense. Parole officers must mandate services.

Referral information:

- Walk-ins are not welcome.
- An appointment is required to be seen: By Phone
- There is application process: Basic Screening
- Client begins receiving services: after a few days.

Additional Information
Agency has Spanish-speaking staff.
Streetwise Partners
11 Park Place, Suite 701
New York, NY 10007
www.streetwisepartners.org

Contact Name: Louisa Conklin
Telephone: 212-971-0078
Email: Louisa@streetwisepartners.org

Services offered:

Employment: Twelve-week program specialized in comprehensive career training, assistance in resume building, office etiquette, and improving computer skills.

Eligibility information:

- Services are free of charge
- Health insurance is not required
- Age requirement: Services available for adults age 25-55.
- There is an income requirement: 200% or less of poverty line. Call for more information.
- There is no living arrangement requirement.
- Neighborhood served: all New York City
- Other eligibility requirements: Must have GED or be enrolled in a GED program.

Referral information:

- Walk-ins are not welcome.
- An appointment is required to be seen.
- There is an application process: online application
- The estimated enrollment-waiting period is a few days.

Additional Information
Requires clients to speak English fluently.
Some volunteers who work there do speak Spanish.
STRIVE
240 East 123rd Street, 3rd floor
New York, NY 10035
www.strivenewyork.org

Contact Name: Gwen Baez
Telephone: 212-360-1100

Services offered:

Employment: Career development: office and retail
Education: College coach available for advice. Computer training and GED classes offered
Family: Fatherhood program to optimize parenthood

Eligibility information:

- Services are free of charge
- Health insurance is not required
- Age requirement: Services available for adults age 18 and older.
- There is no income requirement.
- There is no living arrangement requirement.
- Neighborhood served: all New York City
- Other eligibility requirements: No services available for individuals with a history of sexual offense.

Referral information:

- Walk-ins are welcome.
- No appointment is required to be seen.
- There is no application process.
- Client begins receiving services: immediate enrollment.

Additional Information
Agency has Spanish-speaking staff.
Accessible to those with disabilities.
Su Casa  
1 Gouverneur Slip  
New York, NY 10002  

Contact Name: Jeffrey Nicholson  
Telephone: 212-566-7590  
Email: info@lesc.org

Services offered:

Substance Abuse: Therapeutic community residential drug treatment program that treats primarily those addicted to opiates (heroin). Program lasts for one year or longer depending on client improvements.

Eligibility information:

- Services are not free of charge
- Health insurance is required: Medicaid
- There is no age requirement.
- There is no income requirement.
- There is no living arrangement requirement.
- Neighborhood served: all New York City, but mostly the Lower East Side.
- Other eligibility requirements: Must have Medicaid.

Referral information:

- Walk-ins are welcome.
- No appointment is required to be seen.
- There is an application process: Basic Intake
- Client begins receiving services: immediate enrollment.

Additional Information

Agency has Spanish-speaking staff.
Assists adults men and women, pregnant women and women with infants who are addicted to opiates (heroin)

How to get help in an emergency:

Abused Children: (800) 342-3720  
Alcohol and Drug Information: (800) 729-6686  
Center for Disease Control: (800) 342-2437  
Crime Victims Hotline: (212) 577-7777  
Discrimination Helpline: (212) 306-7500  
Domestic Violence Hotline (Safe Horizon): (800) 621-HOPE  
Emergency Children's Services (24 Hours): (212) 966-8000  
Homeless Services (24 Hours): 311  
Poison Control: (800) 222-1222  
Rape & Sexual Assault Hotline: (212) 267-7273  
Runaways Hotline: (800) 621-4000  
Suicide Prevention Hotline: (212) 673-3000
The Bridge, Inc.
248 West 108th Street
New York, NY 10025
www.thebridgeinc.org

Contact: Intake Department
Telephone: 212-663-3000 ext. 377
Email: bridgeinfo@bridgeny.org

Services offered:

**Mental Health:** Diagnostic Evaluations, Individual and Group counseling, Mental Health peer worker training.

**Employment:** Job Training, on-site internships, Assisted Competitive Employment (ACE), Job Placement, Post Employment support services.

**Health / Wellness:** Health care offered to clients through a part-time clinic on site. Provides physicians and assist clients who require medical care

**Housing:** Residential Services: 500 beds, 24-hour supervised residences. Locations in Manhattan, Queens, and the Bronx.

Eligibility information:
- Services are free of charge
- Health insurance is *not* required
- Age requirement: Services available for adults age 18 and older.
- There is *no* income requirement.
- There is *no* living arrangement requirement.
- Neighborhood served: all New York City
- Other eligibility requirements: Must obtain referrals.

Referral information:
- Walk-ins are welcome.
- *No* appointment is required to be seen.
- There is an application process: Basic Intake
- Client begins receiving services: after a few days.

Additional Information
Agency has Spanish-speaking staff.
The Doe Fund  
2960 Frederick Douglass Boulevard  
New York, NY 10039  
www.doe.org

Contact Name: Nazerine Griffin  
Telephone: 212-690-6480

Services offered:

Employment: Transitional employment (street cleaning) after three months vocational training.

Education: GED and Pre GED classes. Organization also offers college placement.

Health / Wellness: Assistance with receiving Medicaid and food stamps.

Family: Assistance with obtaining drivers license but must have a valid drivers permit; money spent on permit will be reimburse.

Housing: Provides transitional and permanent housing through a variety of different programs.

Eligibility information:

- Services are free of charge
- Health insurance is not required
- Age requirement: Services available for adults age 18 and older.
- There is no income requirement.
- Living arrangement is required: No Shelters.
- Neighborhood served: all New York City
- Other eligibility requirements: Must have housing; no shelters. No services available for individuals with a history of sexual offense or arson charges.

Referral information:

- Walk-ins are not welcome.
- An appointment is required to be seen: by phone.
- There is an application process: Must be referred by parole officer.
- Client begins receiving services: after a few weeks.

Additional Information
Agency has Spanish-speaking staff.
To be eligible for services, clients must go on Mondays at 9:00am to take urine test and for orientation. A reward of $259 a week will be given to those who participate; $40 from that amount will be placed in a savings account, which will be received upon completion of program.
The Fifth Avenue Committee
621 DeGraw Street
Brooklyn, NY 11217
www.fifthave.org

Contact Name: Edward Rosario
Telephone: 718-237-2017
fac@fifthave.org

Services offered:

Employment: Assistance with job training and job referrals. Provides jobs through First Source staffing for low-income individuals who are looking to build their skills; goal is to prepare them for higher-paying jobs. There is also a career counseling program.

Education: Referrals available to GED and ESL classes. Skill trainings are offered by affiliated agency

Housing: Affordable housing available for low-income families.

Eligibility information:

- Services are free of charge
- Health insurance is not required
- Age requirement: Services available for adults age 18 and older.
- There is an income requirement:
- There is no living arrangement requirement
- Neighborhood served: all New York City

Referral information:

- Walk-ins are welcome.
- No appointment is required to be seen.
- There is an application process: Must enroll in Neighborhood employment services.
- Client begins receiving services: immediate enrollment.

Additional Information
Agency has Spanish-speaking staff.
Agency conducts lotteries for affordable housing.
Client must earn at or below 125% of the 2008 Area median income. Call for more information.
The Osborne Association
809 Westchester Avenue
Bronx, NY 10455
www.osborneny.org

Contact Name: Linda Atkinson
Telephone: 718-707-2600
Email: latkinson@osborneny.org

Services offered:

**Substance Abuse:** Drug Treatment: 3 days a week for 3-6 months
Times are: 12:30pm-6:00pm-with anger management class
5:00pm-6:00pm-without anger management class
6:00-7:00pm

**Employment:** Comprehensive job placement services for those with criminal records

**Health / Wellness:** Assistance with receiving Medicaid. HIV counseling and education.

**Housing:** Assist those with HIV find housing and acquire skills necessary to retain it.

Eligibility information:

- Services are free of charge
- Health insurance is not required
- Age requirement: Services available for adults age 18 and older.
- There is no income requirement.
- There is no living arrangement requirement.
- Neighborhood served: all New York City but mostly South Bronx
- Other eligibility requirements: No services available for individuals with a history of psychiatric problems.

Referral information:

- Walk-ins are welcome.
- An appointment is required to be seen.
- There is an application process: intake interview and must be seen by a doctor.
- Client begins receiving services: immediate enrollment.

Additional Information
Agency has no Spanish-speaking staff.
Must be referred by parole officer
The Upper Manhattan Mental Health Center, Inc
1727 Amsterdam Avenue
New York, NY 10031
www.ummhcinc.org

Contact Name: William S. Witherspoon
Telephone: 212-694-9200
Email: rgvii@ummhcinc.org

Services offered:

Mental Health: Psychosocial/psychiatric assessments.

Substance Abuse: Individual and group therapy/counseling, crisis intervention, relapse prevention support groups.

Employment: Assistance in obtaining job training and employment through referrals.

Education: Health and nutrition classes. Alcoholism workshops for family members.

Health / Wellness: Assistance in receiving Medical care and public assistance through referrals.

Housing: Assistance in obtaining housing through referrals.

Family: Assistance with Medicaid, SSI and welfare, foster care and domestic violence issues.

Eligibility information:

- Services are not free of charge: For those with no insurance
- Health insurance is required: Medicaid, Medicare and private insurance.
- Age requirement: Services available for adults age 18 to 65.
- There is no income requirement.
- There is no living arrangement requirement.
- Neighborhood served: all New York City
- Other eligibility requirements: must have completed inpatient rehabilitation treatment.

Referral information:

- Walk-ins are welcome: For intake/crisis/emergency unit from 9am to 8pm
- No appointment is required to be seen
- There is an application process: Basic Intake
- Client begins receiving services: immediate enrollment

Additional Information
Agency has Spanish-speaking staff.
Client must be willing to participate in all steps required for their own recovery.
Agency is open from 9am until 8pm, Monday through Friday.


**Time Square Ink (TSI)**

314 West 54th Street, between 8th and 9th Avenues
New York, NY 10019
www.timessquareink.org

Contact Name: Keith March
Telephone: 646-264-1338
Email: kmarch@courts.state.ny.us

**Services offered:**

**Employment:** Times Youth program ages 17-21: Job Training and Job Placement
Adult 6 weeks job training program ages 21 and older

**Education:** Times Youth Program: assistance with computer skills, writing and reading.

**Family:** Fatherhood Program: six weeks ages 24 and older. Teach parenting skills, group counseling, family activities, and teach communication skills, non-violent alternatives. Family trips are arranged.

**Eligibility information:**

- Services are free of charge
- Health insurance is not required
- Age requirement: Services available for adults age 17 and older.
- There is an income requirement: 200% below poverty line. Call for more information.
- There is no living arrangement requirement.
- Neighborhood served: all New York City
- Other eligibility requirements: No services available for individuals with a history of level 3 sexual offenses.

**Referral information:**

- Walk-ins are welcome.
- No appointment is required to be seen.
- There is an application process: basic intake
- Client begins receiving services after a few weeks.

**Additional Information**

Agency has Spanish-speaking staff.
For the fatherhood program, clients must be 24 or older, NYC resident, and be the non-custodial parent.
For all programs, clients must obtain referrals.
Union Settlement Association
237 East 104th Street
New York, NY 10029
www.unionsettlement.org

Contact Name: Melissa Nieves
Telephone: 212-828-6000/6298
Email: mnieves@unionsettlement.org

Services offered:

Mental Health: Mental health assessment available to those with a mental illness. Crisis intervention, medication therapy, psychiatric evaluation, counseling and psychotherapy both long term and short term.

Education: GED classes, computer training, English as a second language and citizenship classes available on site.

Health/Wellness: HIV Care Network: 35 service providers working together to help those living with or affected by HIV with any issues they may have, including housing, employment, education and more.

Eligibility information:

- Services are not free of charge
- Health insurance is not required
- Age requirement: Services available for adults age 18 and older.
- There is no income requirement.
- There is no living arrangement requirement.
- Neighborhood served: all New York City

Referral information:

- Walk-ins are welcome.
- No appointment is required to be seen.
- There is an application process.
- Client begins receiving services: immediate enrollment.

Additional Information
Agency has Spanish-speaking staff.
Classes are offered day and night, and some Saturday classes.
www.unitedwaynyc.org/?id=66

Services offered:

Allows individuals to search information on local services according to various categories:

- Programs
- Target Groups
- Languages
- Boroughs

www.unitedwaynyc.org

Get to Know Your Elected Officials

**Council Members**
Inez E. Dickens, District 9 Council Member: 212-678-4505
Miguel Martinez, District 10 Council Member: 917-521-2616/2640
Robert Jackson, District 7 Council Member: 212-928-1322
Melissa Mark-Viverito, District 8 Council Member: 212-828-9800

**New York State Senate**
Senator Bill Perkins, District 30: 212-222-7315

**New York State Assembly**
Assemblyman Adam Clayton Powell IV, District 68: 212-828-3953

**United States Senate**
Senator Charles E. Schumer: 212-486-4430
Senator Hillary R. Clinton: 212-688-6262

**United States House of Representatives**
Congressman Jerrold Nadler, District 8: 212-367-7350
Congresswoman Carolyn Maloney, District 14: 212-860-0606
Congressman Charles B. Rangel, District 15: 212-663-3900

**Manhattan Borough President**
Borough President Scott M. Stringer: 212-531-1609

**New York City Mayor**
Mayor Michael R. Bloomberg: Contact by dialing 311 or 212-NEW-YORK (212-639-9675)

**New York County (Manhattan) District Attorney**
Robert M. Morgenthau, District Attorney. Upper Manhattan Office: 212-335-9000

**New York City Public Advocate**
Betsy Gotbaum: 212-669-7200

**New York City Comptroller**
Comptroller William C. Thompson, Jr: 212-669-3916
Veritas Therapeutic Community, Inc
912 Amsterdam Ave
New York, NY 10025
www.veritas-inc.org

Contact Name: Jim Little/ Alan Clark
Telephone: 212-865-9182
Email: info@veritas-inc.org

Services offered:

Substance Abuse: Substance Abuse service for young mothers in recovery, allowing children to grow in a drug-free environment.

Education: Offers GED classes.

Family: Long-term residential treatment; offers inpatient treatment. Organization offers help with receiving public assistance.

Eligibility information:

- Services are *not* free of charge: Public Assistance
- Health insurance is *not* required
- Age requirement: Services available for age 16 and older.
- There is *no* income requirement.
- There is *no* living arrangement requirement.
- Neighborhood served: all New York City
- Other eligibility requirements: Must have Public Assistance.

Referral information:

- Walk-ins *are* welcome.
- *No* appointment is required to be seen.
- There is an application process: Public Assistance Applications
- Client begins receiving services: after a few weeks.

Additional Information
Agency has Spanish-speaking staff.
**Women In Need, Inc. (WIN)**
115 West 31st Street, 7th floor
New York, NY 10001
www.women-in-need.org

Telephone: 917-492-0990
Email: info@women-in-need.org

**Services offered:**

**Substance Abuse:** Outpatient Program for those who have any substance abuse issues.

**Family:** Shelter available for families with children.

**Eligibility information:**

- Services are free of charge
- Health insurance is *not* required
- Age requirement: Services available for adults age 18 and older.
- There is *no* income requirement.
- There is *no* living arrangement requirement.
- Neighborhood served: all New York City

**Referral information:**

- Walk-ins *are* welcome.
- Clients do need an appointment to be seen.
- There *is an* application process. Basic Intake
- Client begins receiving services: immediate enrollment.

**Additional Information**
Agency has Spanish-speaking staff.
To qualify for shelter, clients must be referred by New York City’s PATH department.
Women’s Prison Association
110 2nd Avenue
New York, NY 10003
www.wpaonline.org

Contact Name: Shinese Wheat
Telephone: 718-637-6800
Email: swheat@wpaonline.org

Services offered:

Mental Health: Clients are assigned mental health case manager to help with goal-setting and action planning, including supportive counseling.

Health / Wellness: HIV and women’s health education intended to convey information and encourage routinely check-ups. This allows them to become HIV educators to their peers in prison.

Family: Re-entry case managers help with immediate needs and plan for future; help with child custody issues, finding a job and housing.

Eligibility information:

- Services are free of charge
- Health insurance is *not* required
- Age requirement: Services available for adults age 18 and older.
- There is *no* income requirement.
- There is *no* living arrangement requirement.
- Neighborhood served: all New York City

Referral information:

- Walk-ins *are* welcome.
- *No* appointment is required to be seen.
- There is *no* application process.
- Client begins receiving services: immediate enrollment.

Additional Information
Agency has Spanish-speaking staff.
For health programs, individuals must first be checked by a doctor and bring results to the organization to better assist them.
SPECIAL SEGMENT: HOUSING

Here is some helpful information from the Legal Action Center about Housing Laws Affecting Individuals with Criminal Convictions

Telephone: toll free 1-800-223-4044

The public housing law requires public housing agencies and providers of Section 8 and other federally assisted housing to deny housing to certain individuals.

(1) Individuals who have been evicted from public, federally assisted, or Section 8 housing because of drug-related criminal activity are ineligible for public or federally assisted housing for three years. The housing provider has the discretion to shorten the three-year period if the person successfully completes a rehabilitation program approved by the local housing provider or the circumstances leading to the eviction no longer exist (e.g., the person has died or is imprisoned). The three year time period begins to run from the date of the eviction.

(2) Any household with a member who is subject to a lifetime registration requirement under a state sex offender registration program is permanently ineligible for public, Section 8, and other federally assisted housing.

(3) Any household with a member who has been convicted of methamphetamine production on public housing premises is permanently ineligible for public, Section 8, and other federally assisted housing.

(4) Any household with a member who is currently abusing alcohol in a manner that may interfere with the health, safety, or right to peaceful enjoyment of the premises by other residents or is illegally using drugs is ineligible for public, Section 8 or other federally assisted housing. Current tenants must be evicted on the same basis. The housing provider may permit these individuals to be admitted or remain in such housing if the person demonstrates that he or she is not currently abusing alcohol or illegally using drugs and has been rehabilitated in any one of three ways: (1) participation in a supervised alcohol or drug rehabilitation program; (2) completion of a supervised alcohol or drug rehabilitation program; or (3) successful rehabilitation in some other manner.

The public housing law permits public housing agencies and providers of Section 8 and other federally assisted housing to deny housing to households if a member has certain kinds of criminal records.

Individuals who have engaged in (1) any drug-related criminal activity; (2) any violent criminal activity; or (3) any other criminal activity that would adversely affect the health, safety, or right to peaceful enjoyment of the premises may be denied public, Section 8, and other federally assisted housing if the criminal activity occurred “a reasonable time” before the person seeks admission. The statute is silent on how recent a conviction must be to be “a reasonable” basis for denying housing.

Public housing agencies and providers of Section 8 housing have the right to obtain
criminal records for tenants and applicants.

If a person is denied or evicted from public or Section 8 housing because of a criminal record, the individual must be provided with a copy of the criminal record and an opportunity to dispute the accuracy and relevance of that record.

LANDLORDS WHO ACCEPT SECTION 8

**Manhattan**

<table>
<thead>
<tr>
<th>Contact Name</th>
<th>Address</th>
<th>Phone Number</th>
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<tbody>
<tr>
<td>Rashida Cradock</td>
<td>2070 Adam Clayton Powell Blvd</td>
<td>646-442-6592</td>
</tr>
<tr>
<td>Floyd Adams</td>
<td>160 West 132nd Street</td>
<td>646-265-1289</td>
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</tbody>
</table>

**Bronx**

- Jose Sanchez       | 156 East 184th Street                       | 718-435-5969 |
- Kamillsh Males     | 786 Cauldwell                               | 877-585-4325 |
- Amadou Kida        | 2126 Hughes Ave                             | 646-441-7191 |
- Juana Vasquez      | 260 East 176th Street                       | 347-219-6155 |
- Jose Sanchez       | 2723 Barnes Ave.                            | 718-435-0569 |
- Juana Vasquez      | 273 East 175th Street                       | 347-219-6155 |
- Juana Vasquez      | 2772 Valentine Ave                         | 347-219-6155 |
- Catalina Johnson   | 4627 Park Ave                               | 212-726-5732 |
- Juana Vasquez      | 2985 Perry Ave                              | 347-219-6155 |
- Catalina Johnson   | 2312 Prospect Ave                           | 212-726-5732 |
- Douglas Karvecky   | 1462 Rosedale Ave                           | 516-924-1215 |
- Jorge Hernandez    | 2130 East Tremont Ave                       | 516-782-7004 |
- Dillip Kharran     | 1262 Manor Ave                              | 718-893-0215 |
- Odette Rodriguez   | 1402 Bronx River Road                       | 718-484-0259 |

REALTY AGENCIES BROKERING SECTION 8 HOUSING

**Bronx**

<table>
<thead>
<tr>
<th>Contact Name</th>
<th>Address</th>
<th>Phone Number</th>
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<tbody>
<tr>
<td>Capital Realty &amp; Funding, LLC</td>
<td>817 Westchester Ave</td>
<td>718-861-8216</td>
</tr>
<tr>
<td>Ramona Cruz</td>
<td>322 East 149th Street 2nd Fl</td>
<td>718-537-5635</td>
</tr>
<tr>
<td>NY Monopoly Realty Inc.</td>
<td>2459 Frisby Ave</td>
<td>718-822-1300</td>
</tr>
<tr>
<td>Safeway Realty Corp.</td>
<td>43 Westchester Square</td>
<td>718-823-1505</td>
</tr>
<tr>
<td>Better Way Home Realty</td>
<td>1008 East Tremont Ave</td>
<td>718-861-5416</td>
</tr>
<tr>
<td>Kenny Brothers Realty Corp.</td>
<td>555 Southern Blvd</td>
<td>718-742-2700</td>
</tr>
<tr>
<td>Marian Toro</td>
<td>43 Westchester Square #2</td>
<td>718-409-6258</td>
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The Harlem Community Justice Center is a community-based court that seeks to solve neighborhood problems — including youth crime, substance abuse, landlord-tenant disputes and the challenges facing parolees — in East and Central Harlem.

Please come visit us!

Harlem Community Justice Center
170 East 121st Street
Between Lexington and Third Avenues
New York, NY 10035

Tel. 212-360-4100

The New York County District Attorney's Office is responsible for the investigation and prosecution of crimes in the borough of Manhattan.

This year, the Office launched the Fair Chance Initiative, an effort to assist recently-released inmates adjust to life outside of prison. The aim of the initiative is to increase public safety by ensuring that recently-released inmates quickly receive the social services they need. The initiative also provides alternatives to re-incarceration for former inmates who get arrested for non-violent crimes.

For assistance, please call the HOTLINE at 212-335-9435.